

# **Jerusalem Science Contest 5784**

Neuroscience

Test 7

Form – A

# **Answer Key**

- 1) Which of the following is always required to diagnoses TBI?
  - a) Skull fracture

# b) Symptoms or signs of TBI at the time of the injury

- c) Bleeding
- d) Loss of consciousness
- 2) TBI signs and symptoms can include which of the following:
  - a) Skull fracture
  - b) Penetrating injury
  - c) Difficulty breathing
  - d) Confusion
- 3) John Green is a 43 year old man found at home by his nephew. He had been in his usual active healthy state

the day prior. He has been resting at home for 1 week due to a bad "stomach virus". Mr. Green is very confused and complains of headache and dizziness. Would TBI be a concern based on this description?

- a) No, because Mr. Green is too old.
- b) Yes, because Mr. Green exhibits symptoms (headache and dizziness) and signs (confusion) of TBI.
- c) No, because Mr. Green did not sustain an impact or jolt to his head.
- d) Yes, because TBI is the most common cause of headache and dizziness.
- 4) Which TBI outcome is the most common?
  - a) Death
  - b) Severe disability
  - c) Full recovery
  - d) Brain surgery

5) How many people sustain TBI each year in the USA?

- a) 35,000
- b) 65,000
- c) 350,000
- d) 3.5 million or more

6) Which of the following is NOT true regarding focal injury?

a) It is more likely to be treatable with surgery.

# *b) It is the most important type of injury for determining long-term prognosis.*

- c) It commonly includes bleeding outside or within the brain.
- d) It can be readily detected with CT scan.
- 7) Diffuse injury typically appears with:
  - a) Bleeding
  - b) Penetrating injury
  - c) Skull fracture
  - d) Normal CT scan
- 8) Why is bleeding outside of the brain, such as an epidural hematoma, dangerous?
  - a) It can be treated with surgery.
  - b) The blood loss can diminish oxygen in the body.
  - c) Pressure on the brain can be fatal.
  - d) It occurs with skull fracture.
- 9) Which statement best describes the timeframe for diffuse injury after a blow or jolt to the head?
  - a) Immediately as the axons are torn at the time of the violent head movement
  - b) Within two hours of the impact
  - c) It does not occur at a specific time, but evolves over weeks or longer
  - d) After one year has passed since the injury
- 10) Which type of function is most likely to be affected by diffuse injury.
  - a) Walking
  - b) Memory
  - c) Sensing with the fingertips
  - d) Taste

# 11) Which part of the neuron is affected by diffuse injury?

- a) Dendrite
- b) Cell body
- c) Axon
- d) Synaptic vesicle

12) Which of the following may sometimes be visible on MRI due to diffuse injury.

a) Contusion (bruising)

b) Bleeding

c) Axonal disconnection

d) Swelling

- 13) What makes mild TBI mild?
  - a) Absence of bleeding in the brain
  - b) Absence of symptoms
  - c) Complete recovery in 99% of patients

#### d) Mild symptoms at the time of injury

- 14) Which is a common mild TBI symptom?
  - a) Seizures
  - b) Paralysis

c) Fatigue

d) Skull deformity

15) What is most important for the care of a patient *after* they have sustained a concussion.

- a) Prevention
- b) Stimulant medication to get the brain going
- c) Surgery

#### d) Avoiding a second head injury before recovery is complete

- 16) In which of the following contexts does the Torah mention mental instability?
  - a) The Torah never mentions mental instability.
  - b) It is one of the curses that will befall the community if the Jewish people abandon Hashem.
  - c) It is a consequence of other calamities; that is, the Jewish people will suffer trauma-induced insanity as a result of witnessing the other calamities.
  - d) Both b and c

17) Which of the following are mentioned by the Talmud as causes for mental illness?

- a) Physical illness.
- b) A lifestyle of inactivity.
- c) Substance abuse.

#### d) All of the above.

18) What is an example in the Talmud of the process of medical diagnosis?

#### a) Chagigah 3b: Determining whether a person is a Shoteh

- b) Kesuvos 77b: Determining whether a person has parasitic meningitis
- c) Chulin 24b: Determining the cause of tremors
- d) Pesachim 112b: Determining the cause of epilepsy

- 19) What type of approach for treating some forms of anxiety may be derived from the verse in Mishlei (12:25), "דְאָגָה בְלֶב־אִישׁ יֵשְׁחֶנָה"?
  - a) Prayer

#### b) Social support

- c) Psychiatric medication
- d) Cognitive-behavioral therapy
- 20) When we pray for the sick, do we also include those who are suffering from health issues of the mind?
  - a) The standardized prayers do not include them, but one may add a specific addition if one wants.
  - b) No, our prayers refer only to physical illness.
  - c) No, our prayers refer only to spiritual maladies.
  - d) Yes, our prayers refer to all forms of illness.